



Expectations for the learning community (students and instructors) during ALE participation:

Embrace diversity.

- ☐ Knowledge, experience and perspectives vary. Diversity is an asset that improves outcomes.

Do not:

- ☐ Make assumptions
- ☐ Make judgements

Enable agency and authenticity for all.

- ☐ People read, process, learn, grow and communicate at different paces and in different capacities. Allow everyone the time and space they need to function as a successful part of the team.

Be respectful.

- ☐ Encourage everyone to contribute and be aware that these contributions may vary.

Take turns:

- ☐ Actively communicating
- ☐ Actively listening

Use all of the resources available to you.

Play to your strengths.

Deliberately take risks and allow yourself to be vulnerable.

Deliberately practice:

- ☐ Self-compassion and convey empathy to others
- ☐ Resilience
- ☐ Curiosity
- ☐ Growth mindset: remember the power of the word, "Yet!" Reframe failure as an opportunity to learn.

You get out of active learning activities what you put into them. If you believe that active learning sessions are a waste of time, they will be. Conversely, if you engage, trust the process, and have fun, you will learn and grow.

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